

Hasbrouck Heights Recreation Department Senior Activities Calendar

September 2008

Director of Recreation, Robert Brady

Phone (201) 288-4143

Mon	Tue	Wed	Thu	Fri
<p>1 <i>Center is Closed for Labor Day</i></p>	<p>2 <i>Line Dancing 10am \$1.00 Advanced Chair Yoga 2pm \$1 Tuesday Night Games 7-9:30pm</i></p>	<p>3 <i>Leisure Club Exec. Bd. Meeting 10 am Senior Aerobics with Cindy 2pm \$1.00</i></p>	<p>4 <i>Games, Cards, & Coffee 10 am-1pm Senior Yoga 2pm \$1.00</i></p>	<p>5</p>
<p>8 <i>Games, Cards, & Coffee 10 am-1pm</i></p>	<p>9 <i>Line Dancing 10am \$1.00 Advanced Chair Yoga 2pm \$1 Tuesday Night Games 7-9:30pm</i></p>	<p>10 <i>Leisure Club Meeting 1 pm</i></p>	<p>11 <i>Games, Cards, & Coffee 10 am-1pm Senior Yoga 2pm \$1.00</i></p>	<p>12 <i>Fun Bingo 10am Movie Day "History of Palisades Park" 1980 2nd feature "A Night at the Opera" 1935</i></p>
<p>15 <i>Games, Cards, & Coffee 10 am-1pm</i></p>	<p>16 <i>Line Dancing 10am \$1.00 Advanced Chair Yoga 2pm \$1 Tuesday Night Games 7-9:30pm</i></p>	<p>17 <i><u>WII Bowling League 10 am</u> Senior Aerobics with Cindy 2pm \$1.00</i></p>	<p>18 <i>Games, Cards, & Coffee 10 am-1pm Senior Yoga 2pm \$1.00</i></p>	<p>19</p>
<p>22 <i>Games, Cards, & Coffee 10 am-1pm Woman's Club Bd. Meeting 1pm</i></p>	<p>23 <i>Line Dancing 10am \$1.00 Advanced Chair Yoga 2pm \$1 Tuesday Night Games 7-9:30pm</i></p>	<p>24 <i><u>WII Bowling League 10 am</u> Senior Aerobics with Cindy 2pm \$1.00</i></p>	<p>25 <i>Games, Cards, & Coffee 10 am-1pm Senior Yoga 2pm \$1.00</i></p>	<p>26 <i>Fun Bingo 10 am Movie Day 1pm "Frank Sinatra Show to the Ladies" 1957, "Dean Martin Variety Show"</i></p>
<p>29 <i>Games, Cards, & Coffee 10 am-1pm</i></p>	<p>30 <i>Line Dancing 10am \$1.00 Advanced Chair Yoga 2pm \$1 Tuesday Night Games 7-9:30pm</i></p>	<p>TOWN DAY SATURDAY SEPT. 27TH 10:30 A.M.-3:30 PM AT WOODLAND PARK FREE FOOD AND GIVEAWAYS WHILE SUPPLIES LAST!</p>		