

Hasbrouck Heights Recreation Department Senior Activities Calendar

August 2008

Director of Recreation, Robert Brady

Phone (201) 288-4143

Mon	Tue	Wed	Thu	Fri
				1 <i>No activities scheduled</i>
4 <i>Games Cards Coffee 10am-1pm</i> <u>WII Bowling League & Games</u>	5 <i>Line Dancing 10 am \$1.00</i> <i>Advanced Chair Yoga 2pm \$1</i> <i>Tuesday Night Games 1-9:30</i>	6 <i>Leisure Club Exec. Bd. Meeting</i> <i>10 am</i> <i>Senior Aerobics with Cindy 2pm</i> <i>\$1.00</i>	7 <i>Games Cards Coffee 10am-1pm</i> <u>WII Bowling League & Games</u> <i>Senior Yoga 2pm \$1.00</i>	8 <i>Fun Bingo 10 am</i> <i>Movie Day 1pm “ Back to the</i> <i>Beach” 1980 “The Crime</i> <i>Smasher” 1942</i>
11 <i>Games Cards Coffee 10am-1pm</i> <u>WII Bowling League & Games</u>	12 <i>Line Dancing 10 am \$1.00</i> <i>Advanced Chair Yoga 2pm \$1</i> <i>Tuesday Night Games 1-9:30</i>	13 <i>Leisure Club August Get-</i> <i>Together 12pm-4pm</i>	14 <i>Games Cards Coffee 10am-1pm</i> <u>WII Bowling League & Games</u> <i>Senior Yoga 2pm \$1.00</i>	15 <i>Movie Day 1pm “Charade”</i> <i>1964 “Indiana Jones & the Last</i> <i>Crusade” 1989</i>
18 <i>Games Cards Coffee 10am-1pm</i> <u>WII Bowling League & Games</u>	19 <i>Line Dancing 10 am \$1.00</i> <i>Advanced Chair Yoga 2pm \$1</i> <i>Tuesday Night Games 1-9:30</i>	20 <i>Games Cards Coffee 10am-1pm</i>	21 <u>Senior Wellness Luncheon</u> <u>By HH Bd. of Health</u> <u>11:00 am-2:00 pm</u> <u>call 288-1636 for questions</u>	22 <i>Fun Bingo 10 am</i> <i>Movie Day 1pm “ The Living</i> <i>Dead” 1967 “The Hidden Ti-</i> <i>ger” 1967</i>
25 <i>Games Cards Coffee 10am-1pm</i> <u>WII Bowling League & Games</u>	26 <i>Line Dancing 10 am \$1.00</i> <i>Advanced Chair Yoga 2pm \$1</i> <i>Tuesday Night Games 1-9:30</i>	27 <i>Games Cards Coffee 10am-1pm</i> <u>Free Concert at Woodland</u> <u>Park</u> <u>7pm “Reminiscé”</u>	28 <i>Games Cards Coffee 10am-1pm</i> <u>WII Bowling League & Games</u> <i>Senior Yoga 2pm \$1.00</i>	29 <i>No activities scheduled</i>